



**CPA
2020**

**Join us for the
Premiere Event
for Psychologists
in California!**



CALIFORNIA
PSYCHOLOGICAL
ASSOCIATION

Psychology in Action

Synthesizing the Culture, Art,
and Science of Our Profession

NEWPORT BEACH
MARRIOTT HOTEL & SPA

APRIL 23-26, 2020

Reserve your room by April 1 and save!

Friday Opening Session

Psychology's (R)evolution



Using a mixed media format we will open the convention by exploring the role, influence and impact of applying psychological science to influence public policy and clinical practice. Hear strategies you can use personally and professionally to create effective cultural and systemic changes to improve outcomes for individuals and communities affected by stress and trauma.

Tonya Wood, PhD will serve as CPA President in 2020. She is a licensed psychologist who has nearly 20 years of experience working with children and families. Currently the Director of Clinical Training in the PsyD program at Pepperdine University, she is also clinical supervisor and coordinator of mental health services at the South Los Angeles Trauma Recovery Center. She has a private practice in the Los Angeles area with an emphasis on relationships, women's health and infertility.



Benjamin Mertz is a pianist, composer, and song leader who specializes in the Black Spiritual tradition. He is a third-generation professional musician; his mother is a jazz and opera singer, and his "granddaddy" was a jazz pianist who worked with legends like Sarah Vaughan and Charles Mingus. Benjamin leads community sings and workshops, exploring music ranging from the African diaspora to civil rights music, and is the founder and director of the Joyful Noise! Gospel singers.

Saturday Plenary Session

Looking to the Future: Opportunities for Psychology and Psychologists



At the core of psychology and the American Psychological Association's (APA) mission is to use our science and knowledge to benefit society and improve lives. For us to do this, we need a strong and viable profession and discipline. Dr. Evans will share how APA is working to have a positive impact on important social issues, help the public better understand psychology, speak as an authoritative voice for the field by connecting psychological science and clinical expertise, and prepare the discipline and profession for the future.

Arthur C. Evans, Jr., PhD is a scientist-practitioner, clinical and community psychologist and health care innovator, and is the CEO of the American Psychological Association. Dr. Evans has held faculty appointments at the University of Pennsylvania Perelman School of Medicine and the Yale University School of Medicine. He previously served as Commissioner of Philadelphia's Department of Behavioral Health and Disability Services and as Deputy Commission of the Connecticut Department of Mental Health and Addiction Services.

Sunday Closing Session

Update on Assessing and Treating ADHD and Comorbidities in Children and Adults



Patients, family members and some clinicians are often puzzled by the fact that those with ADHD are able to exercise their executive functions (focus, organization, alertness, working memory, emotional modulation and self-management) quite well in a few specific activities or tasks that really interest them, though they consistently demonstrate much difficulty in exercising those same executive functions in almost everything else they do. Dr. Brown will describe how to assess and explain the situational variability of ADHD symptoms. He will also discuss the role of psychologists in providing effective treatment for children and adults with ADHD, including behavioral interventions and collaboration with prescribers for appropriate medication treatments for ADHD and common co-occurring disorders.

Tom Brown, PhD is Director of the Brown Clinic for Attention & Related Disorders in Manhattan Beach, CA. He specializes in assessment and treatment of high-IQ children, adolescents and adults with ADD/ADHD and related problems. Dr. Brown served on the clinical faculty of the Yale Medical School for 20 years and now is Adjunct Clinical Associate Professor of Psychiatry and Behavioral Sciences at the Keck School of Medicine of the University of Southern California. He is the author of six books on ADHD as well as the new *Brown Executive Function/Attention Rating Scales for Children, Adolescents and Adults* published by Pearson.

Sponsored by Pearson

Master Lecturers

Friday 11:00 a.m. to 12:30 p.m.

The Polarized Mind and What We Can Do About It



The polarized mind is the fixation on a single point of view to the utter exclusion of competing points of view and is one of the chief bases for personal and interpersonal destructiveness. Dr. Schneider will explain this problem and discuss and illustrate a conflict mediation approach aimed at depolarizing the polarized mind.

Kirk J. Schneider, PhD, is a licensed psychologist and a leading spokesperson for contemporary existential-humanistic psychology. He has published over 200 articles, interviews and chapters and has authored or edited 13 books including *The Polarized Mind*, *Existential-Humanistic Therapy*, and *The Spirituality of Awe: Challenges to the Robotic Revolution*.

Friday 2:00 p.m. to 3:30 p.m.

Diversity and Inclusion: From Bedroom to Boardroom



Words such as *diversity* and *inclusion* are buzzwords that we hear almost every day. We moved from claiming *cultural competency* to inviting *cultural humility*. What do these actually mean to our clients and us? Dr. Nasserzadeh will offer a model to look at the nuanced forms that diversity takes so we can help our clients to make deeper and more meaningful connections in their most intimate interactions as well as in their broader social context.

Sara Nasserzadeh, PhD, DipPST, CSC is recognized as a global thought leader in the fields of psychosexual therapy, couple counseling and social psychology. She believes that democracy starts in the bedroom and world peace is achievable one relationship at the time.

Saturday 11:00 a.m. to 12:30 p.m.

Leadership is Love. The Power of Human Connection



Leaders able to motivate and inspire others have a deep knowledge of self, and model their beliefs and values. They build trust, communicate clearly and inspire their work groups to create a culture of collaboration and community in the workplace. In this experiential session, Dr. Rittenberg will facilitate the development of better communication and storytelling skills and will conclude with lessons learned and ideas of how to keep the fires burning (sustainability).

Mark Rittenberg, PhD, is Professor of Leadership Communications, Haas School of Business, UC Berkeley. He is the Founder and Chief Creative Officer at the Berkeley Executive Coaching Institute.

Preconvention Institutes – Thursday, April 23, 2020

10 a.m. - 5 p.m. — 6 CE Credits
(Separate fee applies)

A Multifaceted Approach to Effective Ethical Decision-Making: Understanding the Intersection of Ethics, Law, Risk Management and Clinical Considerations

Using case examples, presenters will identify the myriad complexities in ethical decision making, specifically the overlap of ethical, legal, risk factors, and clinical implications in practice. Attendees will have opportunities to practice consultations in a small group format. Additionally, an attorney will provide a 2020 update on issues affecting psychologists in California.



Russell S. Gold, PhD
Private Practice, San Diego.
Member of the CPA Ethics Committee



David Leatherberry, JD
Private Legal Practice, San Diego



David Jull-Patterson, PhD
Associate Professor, College of Psychology, California Northstate University, Elk Grove, CA. Member of the CPA Ethics Committee



Elizabeth Winkelman, JD, PhD
Director of Professional Affairs, CPA



Susan Carroll, BA, PsyD
Student Member of the CPA Ethics Committee

Suicide: Assessment and Treatments that Work

This Institute will fulfill the new BOP requirement effective January 1, 2020.

Suicide is the most common psychiatric emergency a psychologist will encounter and 25% of family members of suicidal patients take legal actions against the patient's mental health treatment team. This workshop will provide an invaluable opportunity for psychologists to implement the newest empirically validated, evidence-based treatments for suicide that are fast becoming the standard of care.



Lisa Firestone, PhD
Private Practice, and Director of Research at The Glendon Association, Santa Barbara, CA

Educational Sessions

Your convention registration fee gives you access to the following concurrent education sessions.

Full details of these sessions are online at www.cpapsych.org.

Thursday 7:00 p.m. to 9:00 p.m. (2 CE Credits)

Expand Your Practice By Conducting IEE Assessments in Schools

Bruce M. Gale, PhD, Clinical Psychologist, Encino, CA

Dialog on Diversity: Creating an Inclusive Environment in CPA

Miguel Gallardo, PsyD, Private Practice, Professor of Psychology and Director of Aliento, The Center for Latina/o Communities at Pepperdine University; Shelly P. Harrell, PhD, Professor, Pepperdine University, Los Angeles, CA

Difficult Conversations in Supervision: Integrating Culture, Art and Science to Maximize Training

Olga Belik, PhD, 2019 Chair of CPA Division II, Education and Training, Private Practice, Santa Monica, CA; Carol Falender, PhD, Adjunct Professor, Pepperdine University, Clinical Professor, UCLA Department of Psychology; Shannon O'Flinn, PhD, 2020 Chair of CPA Division II, Education and Training, Private Practice, Pasadena, CA

Friday 8:30 a.m. to 10:30 a.m. (1.5 CE Credits)

OPENING SESSION: Psychology (R)evolution

Tonya Wood, PhD, Private Practice, CPA 2020 President, Director of Clinical Training, Pepperdine University, Clinical Supervisor and Coordinator of Mental Health Services, South Los Angeles Trauma Recovery Center, Los Angeles, CA; Benjamin Mertz, Pianist, Composer, and Song Leader who specializes in the Black Spiritual Tradition

Friday 11:00 am to 12:30 pm (1.5 CE Credits)

MASTER LECTURE: The Polarized Mind and What We Can Do About It

Kirk J. Schneider, PhD, President of the Existential-Humanistic Institute, Council Member of the American Psychological Association, Adjunct Faculty Member at Saybrook University, Teachers College, and Columbia University

Personal Values, Professional Ethics, Competence, and Discrimination: A Controversial Topic in Training and Supervision

David Jull-Patterson, PhD, Associate Professor, College of Psychology, California Northstate University, Elk Grove, CA

The Art and Science of Virtual Reality Therapy: Using VR in Your Practice

Elizabeth McMahon, PhD, Psychologist and Author, Private Practice, San Francisco, CA

The Neuroscience of Stress-Mediated Disorders: Biomarkers and Contemporary Neuroimaging as Methods of Tracking Changes in the Brain

David M. Lechuga, PhD, Director, Neurobehavioral Clinic and Counseling Center, Lake Forest, CA; Erin D. Bigler, PhD, Professor of Psychology and Neuroscience (Emeritus), Department of Psychology, Brigham Young University

Friday 2:00 p.m. to 3:30 p.m. (1.5 CE Credits)

MASTER LECTURE: Diversity and Inclusion: From Bedroom to Boardroom

Sara Nasserzadeh, PhD, DipPST, CSC, Private Practice, Beverly Hills, CA

The Psychologist's Role in the Multidisciplinary Treatment of Autism Spectrum Disorder

Doreen A. Samelson, EdD, MCSP, Senior Vice President, Clinical Excellence, Easterseals Bay Area; Bethany Thompson, MEd, BCBA, Consultant BCBA, Easterseals Bay Area

Opportunities for Psychologists in the Media: A Basic Training Workshop

Richard Levak, PhD, ABPP, Del Mar, CA

Working with BDSM-Oriented Patients: Current Research on Eroticism of Pain, Power Exchange, and other BDSM Practices

John McConnell, PhD, Private Practice, San Diego, CA

Friday 4:00 p.m. to 5:00 p.m. (1 CE Credit)

Blurred Boundaries - Multi-Dimensional Assessment and Intervention with Autism Spectrum and Co-Morbid Disorders

Melanie Johnson, PhD, Private Practice, Sonoma County, CA

The Advent of Cyberneuropsychology: Impacts of Technology on the Brain and Society

Dustin Weissman, PsyD, CEO & Founder, Reboot: Internet Addiction Treatment Center, Northridge, CA

Meeting Beyond Words: 'Arts in Health and Healing' as a Culturally Responsive Approach to Arts Interventions

Michael Changaris, PsyD, Health Psychologist and Chief Training Officer, Integrated Health Psychology Training Program, Richmond, CA; Napoleon Dargan, PsyD, Clinical Director, Art N'The Lobby, Contra Costa Health Services, Antioch, CA

Culture, Art, and Science of Our Profession

Coping with Ongoing Political Triggers, Trauma, and Transference: Attending to Ourselves and our Clients

Elisabeth Crim, PhD, CEO, Moonstone Center, Torrance, CA

Saturday 9:00 a.m. to 10:30 p.m. (1.5 CE Credits)

PLENARY SESSION: Looking to the Future: Opportunities for Psychology and Psychologists

Arthur C. Evans Jr., PhD, CEO, American Psychological Association, Washington, DC

Saturday 11:00 a.m. to 12:30 p.m. (1.5 CE Credits)

MASTER LECTURE: Leadership is Love. The Power of Human Connection

Mark Rittenberg, PhD, Professor of Leadership Communications, Haas School of Business; Founder and Chief Creative Officer, Berkeley Executive Coaching Institute

Social Media, Entitlement and Other Clinical Challenges in the Digital Age

Michael G. Wetter, PsyD, FAPA, CEO/Owner, Private Practice, Sherman Oaks, CA; Tiffani Sainz, Associate, Wetter Psychological Services, Los Angeles, CA

Getting Parents On-Board: Using Motivational Interviewing with Parents of Transgender Youth

Stacy Hutton, PhD, Director, Private Practice, Atascadero, CA; Jay Bettergarcia, PhD, Assistant Professor, California Polytechnic State University, San Luis Obispo, CA

Cultural Considerations for Mindfulness Based Interventions

Thema Bryant-Davis, PhD, Professor, Pepperdine University, Los Angeles, CA; Shelly P. Harrell, PhD, Professor, Pepperdine University, Los Angeles, CA

Saturday 2:00 p.m. to 3:30 p.m. (1.5 CE Credits)

Constructive Conversations About Politics and Culture: Talking Across the Aisle with Clients and Colleagues

Anatasia S. Kim, PhD, Associate Professor, The Wright Institute, Berkeley, CA; Alicia del Prado, PhD, Associate Professor, The Wright Institute, Berkeley, CA

Healing a Nation Addicted: A Call to Action

Jessica Byrd-Olmstead, PhD, Private Practice, Los Altos, CA

Technology & Addiction in Teens

Paul Marcille, PhD, Private Practice, Saratoga, CA; Sarah Borish, PhD, Neuropsychology Postdoctoral Fellow and Clinical Trials Sub-Investigator, Ray Dolby Brain Health Center, California Pacific Medical Center, San Francisco, CA

That Guy Must Have Been Insane! Understanding and Evaluating Insanity in California

Craig R. Lareau, JD, PhD, ABPP, Private Practice, Arcadia, CA

Saturday 4:00 p.m. to 5:00 p.m. (1 CE Credit)

Does My Client Have Hoarding Disorder?

Chia-Ying Chou, PhD, Director, Private Practice, San Francisco, CA

Staying Neutral: Avoiding Litigation in High-Conflict Client Cases

Elise Greenberg, JD, Partner at Brot, Gross, Fishbein, LLP, Sherman Oaks, CA

“Got Skillz?”: Navigating Psychological Interventions in the Expanding World of Professional and Collegiate E-Sports

Sari Shepphird, PhD, Director, Sport & Perform Consulting & Psychological Services, Inc, Calabasas, CA

Embodying Heartfulness: An Introduction to Islamic Psychology

Azadeh H. Weber, PsyD, Noor Human Consulting, Saratoga, CA

Sunday: 9:00 a.m. to 9:45 a.m.

CPA At-a-Glance

Conversation with the CPA President and CEO

Tonya Wood, PhD, 2020 CPA President and Jo Linder-Crow, PhD, CEO, CPA

Sunday 10:00 a.m. to 12:00 p.m. (2 CE Credits)

CLOSING SESSION: Update on Assessing and Treating ADHD and Comorbidities in Children and Adults

Tom Brown, PhD, Director, Brown Clinic for Attention and Related Disorders, Manhattan Beach, CA; Adjunct Clinical Associate Professor of Psychiatry and Behavioral Sciences, Keck School of Medicine, USC

Continuing Education Credits

APA: The California Psychological Association (CPA) is approved by the American Psychological Association (APA) to offer continuing education for psychologists. CPA maintains responsibility for this program and its content.



BBS: The California Board of Behavioral Sciences accepts continuing education credit granted by the California Psychological Association or by any of its Approved Providers.

The maximum number of hours of continuing education credits available for attending the 2020 CPA Convention is 15 for those who attend regular sessions on Thursday evening, Friday, Saturday, as well as the three plenary sessions. Six additional credits can be earned by attending a Thursday pre-convention CE Institute (additional fee required).

New for 2020

Children's Playroom - A place for your children to play while you learn. Must be supervised by an adult. (Not a babysitting service).

Nursing Mother's Room - a quiet place for new mothers.

Hotel Information

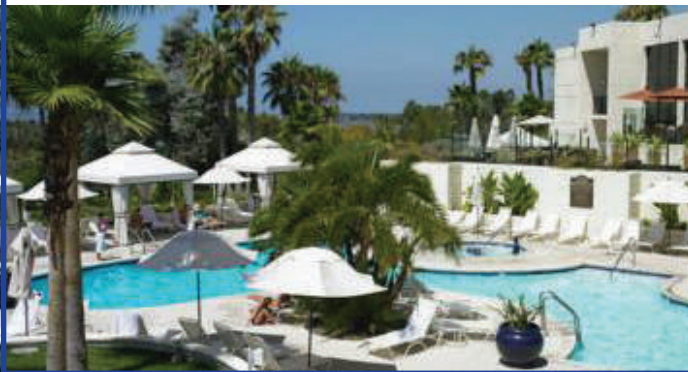
Newport Beach Marriott Hotel & Spa 900 Newport Center Drive | Newport Beach, CA

This modern hotel features plush bedding, flat-screen TVs, ample desks, Wi-Fi and large windows that reveal views of the golf course, the city or the ocean. Enjoy the onsite restaurant or walk to nearby Fashion Island for a variety of restaurants. It is easy to grab a snack from the hotel Starbucks®. There is a day spa onsite, a gym and outdoor areas for breaks and conversations.

We have a discounted rate of \$179 plus tax. Parking is \$15/day or overnight. Wi-Fi is included in your room rate and will also be available in the meeting space. No resort fee will be charged. Room rate expires **April 1** or when the room block fills.

Hotel Reservations

To reserve your room online visit www.cpapsych.org for a direct link. You may also call (877) 622-3056 to speak directly to reservations. ADA rooms are available.



Follow us before and during convention at
#PsychologyInAction
#CPAPSYCH20

Schedule-at-a-Glance

Wednesday, April 22, 2020

4:00 p.m. - 6:00 p.m. Early Convention Registration Open

Thursday, April 23, 2020

7:00 a.m. - 7:30 p.m. Convention Registration Open

9:00 a.m. - 10:00 a.m. Light Continental Breakfast

10:00 a.m. - 5:00 p.m. Preconvention CE Institutes
(Separate Fee)

5:00 p.m. - 6:30 p.m. Welcome Reception (Open to All)

6:00 p.m. - 6:45 p.m. Friends of Bill W.

7:00 p.m. - 9:00 p.m. Educational Sessions

Friday, April 24, 2020

7:00 a.m. - 6:00 p.m. Registration Open

7:30 a.m. - 8:30 a.m. Continental Breakfast

8:30 a.m. - 12:30 p.m. Educational Sessions

10:30 a.m. - 4:00 p.m. Exhibit Area Open/Poster Presentations

12:30 p.m. - 2:00 p.m. Lunch (On Your Own)

2:00 p.m. - 5:00 p.m. Educational Sessions

6:30 p.m. - 7:30 p.m. PAC Century Circle Reception
(Recognizing donors of \$100 or more)

7:30 p.m. - 9:30 p.m. PAC Dinner (Ticketed Event)

Saturday, April 25, 2020

7:00 a.m. - 6:30 p.m. Registration Open

7:30 a.m. - 9:00 a.m. Chapter Sponsored Breakfast (Open to All)

9:00 a.m. - 12:30 p.m. Educational Sessions

10:30 a.m. - 4:00 p.m. Exhibit Area Open/Poster Presentations

12:30 p.m. - 2:00 p.m. Lunch (On Your Own)

2:00 p.m. - 5:00 p.m. Educational Sessions

8:00 p.m. - 10:30 p.m. President's Party (Open to All)

Sunday, April 26, 2020

7:30 a.m. - 8:30 a.m. Continental Breakfast

9:00 a.m. - 9:45 a.m. CPA At-a-Glance
Conversation with the
CPA President and CEO

10:00 a.m. - 12:00 p.m. Closing Plenary Session

Convention Registration Form

2020 CPA Convention | April 23-26 | Newport Beach Marriott Hotel & Spa, Newport Beach, CA

- 1) Register **online at cpapsych.org** or submit this form by fax (credit card only) or US mail (check, payable to CPA, or credit card).
- 2) Registration must be received by **March 16, 2020** to receive the early rate. Photocopy this form for additional registrants.
- 3) Fax: 916 286-7971 or mail: CPA Convention Registration, 1231 I Street, Suite 204, Sacramento, CA 95814

First name _____ Last name _____ Degree/Title _____

License # PSY _____ Company _____

Mailing address _____ City _____ State _____ Zip _____

Phone _____ Email _____

| First, find your membership category on the left, then select all options and enter total dollar amount below. | | Early Rate Until 3/16 | Reg. Rate 3/17-4/10 | Onsite (pre-reg ends 4/10) |
|--|--|-----------------------|---------------------|----------------------------|
| CPA Members | <input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday) | \$315 | \$390 | \$415 |
| | <input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only | \$195 | \$225 | \$240 |
| | <input type="checkbox"/> Thursday or Sunday Only | \$115 | \$115 | \$140 |
| | <input type="checkbox"/> Thursday Institute (Select one): <input type="checkbox"/> Ethics <input type="checkbox"/> Suicide Prevention | \$165 | \$185 | \$210 |
| Non-Members | <input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday) | \$415 | \$490 | \$515 |
| | <input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only | \$240 | \$275 | \$300 |
| | <input type="checkbox"/> Thursday or Sunday Only | \$165 | \$165 | \$190 |
| | <input type="checkbox"/> Thursday Institute (Select one): <input type="checkbox"/> Ethics <input type="checkbox"/> Suicide Prevention | \$225 | \$245 | \$270 |
| CPAGS Members | <input type="checkbox"/> Full Convention | \$99 | \$140 | \$140 |
| | <input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only | \$65 | \$105 | \$105 |
| | <input type="checkbox"/> Friday CPAGS lunch & Annual Meeting <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in) | \$10 | \$10 | n/a |
| | <input type="checkbox"/> Saturday CPAGS lunch and Education <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in) | \$10 | \$10 | n/a |
| | <input type="checkbox"/> I would like to volunteer to have my registration fee reimbursed (CPAGS only, up to \$99). | | | |
| Students, Non-Members | <input type="checkbox"/> Full Convention | \$150 | \$190 | \$190 |
| | <input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only | \$100 | \$140 | \$140 |
| | <input type="checkbox"/> Friday CPAGS lunch & Annual Meeting <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in) | \$20 | \$20 | n/a |
| | <input type="checkbox"/> Saturday CPAGS lunch and Education <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in) | \$20 | \$20 | n/a |
| Life Members | <input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday) (No CE Credits) | \$150 | \$150 | \$200 |
| Guest | <input type="checkbox"/> Guest Fee (For non-psychologist companions) Guest name: _____ | \$150 | \$150 | \$200 |
| Special Events | <input type="checkbox"/> Thursday Welcome Reception (5:00 pm – 6:30 pm) | Included | Included | Included |
| | <input type="checkbox"/> Saturday President's Party (8:00 pm – 10:30 pm) | Included | Included | Included |
| | <input type="checkbox"/> Friday CPA PAC Fundraising Dinner 7:00 pm – 9:30 pm <input type="checkbox"/> Vegetarian | \$250 | \$250 | \$250 |
| TOTAL | | | | |

Registration fee includes: Welcome Reception and President's Party, Thursday evening, Friday, Saturday, and Sunday education programs, three continental breakfasts, refreshment breaks, and admittance to the exhibit area. The CPA PAC Dinner and Pre-Convention Institutes require an additional fee.

Check # _____ OR Card number _____ Exp date _____ Sec. Code _____

Name as it appears on card _____ Signature _____

Billing address for card _____
 Street _____ City _____ State _____ Zip _____

Special needs: If you have a special need, write it on a separate paper and attach it to this form. CPA staff will contact you.

Cancellation Information: Cancellation requests must be received in writing BEFORE March 29, 2018 to receive a refund (minus \$50 cancellation fee). Fees will be refunded within six weeks after the convention. NO REFUNDS WILL BE GIVEN AFTER MARCH 16, 2020.

There is a returned check fee of \$25.



CALIFORNIA
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1231 I Street, Ste. 204
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www.cpapsych.org

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Visit our website
www.cpapsych.org
for up-to-date information
and online registration.



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NEWPORT BEACH MARRIOTT HOTEL & SPA
APRIL 23-26, 2020

Highlights:

- Opportunities for networking throughout the convention
- Choice of 2 in-depth Preconvention Institutes, including one to meet the new BOP requirement for Suicide Prevention
- CE Credits – 15 if you attend all sessions; earn 6 more by attending an Institute
- Some time just for you – to be recharged and inspired

Open me to see the details!