### About the Presenter



Elisabeth R. Crim, PhD, Licensed Psychologist, Certified **Relax and Renew Yoga Trainer** 

Dr. Crim has served in the mental health field 25 years both providing treatment and as an energizing and engaging speaker to issues of mental health, psychotherapy, spirituality and development. Dr. Crim, a psychodynamic psychotherapist, specializing with adults, couples, and adolescents, is a Licensed Psychologist and Certified Relax & Renew Yoga Trainer with a Ph.D. in Psychology, M.A. in Counseling, and M.A. in Theology. She is the Founder/Director of Moonstone Center, where traditional and complimentary-alternative therapies are combined for whole person mental health treatment and professional continuing education is offered in the context of self care for the attendee. www.moonstonecenter.com/about-moonstone-center

**Collaborating** with



Simone Marke't, Certified Yoga Therapist, Certified Yoga Teacher (E-RYT 500), Certified Yoga Teacher Trainer (Basic/Advanced)

Simone has served the yoga community for over 10 years. She is a respected yoga therapist, teacher, teacher trainer, and workshop and retreat leader with a reputation for safely tailoring yoga instruction and interventions to the individual physical and emotional needs of her clients and students. Committed to safe, inner-guided yoga experiences, Simone provides yoga therapy that incorporates Asana (Poses), Pranayama (Breath Work), Meditation and Chakra/Meridian opening. As a Yoga Therapist, she has a strong reputation with fellow health care professionals as a trusted, effective collaborator. www.simonesyogaclasses.com

**Course Overview** 

The ultimate good and safe treatment of a client or patient requires the therapist to have awareness of the underlying mind-body processes that are at play in the therapeutic relationship. In this CE offering, Dr. Crim collaborates with trusted Yoga Therapist, Simone Marke't, to address the mind-body process of somatic transference and counter-transference that exists and can emerge in the process of ethical and effective therapeutic relationship. Somatic Transference, the neuro-physiological organizing activity of the relational dynamics between therapist and client, and Vicarious Trauma and Compassion Fatigue that may develop for therapists and healers will be addressed. The role of therapists' self-care as critical to ethical treatment of patients will be explored. The neuro-physiological theory and techniques of Yoga Therapy that can positively affect mind-body processes of therapists and clients will be addressed. Format: Didactic, Experiential, and Group Discussion; Some yoga incorporated. All levels of experience with yoga (none to advanced) can participate safely.

For more information: Go to: www.moonstonecenter.com

# **About Moonstone Center**

Moonstone Center is devoted to professional development by providing boutique continuing education experiences that are relevant and dynamic in a setting of self-care. Serving those who serve and heal, Moonstone Center provides consultation and opportunities for networking and therapist self-care. Both within and beyond the professional community, Moonstone Center offers mental health treatment that combines traditional and complimentary-alternative therapies provided by a team of independent mental health and health care professionals who share the vision of integrated mental, physical, emotional, spiritual, and relational healing.



www.moonstonecenter.com

# Schedule

Saturday, October 27, 2012

8:15-9:00 Check-In & Registration

Continental Breakfast Served Morning Session (Including one 10 Min Break

9:00-12:10 12:10-1:30 Lunch (On your own, many restaurants

within walking distance)

1:30-4:45 Afternoon Session (Including one 15 min Break

**Questions and Course Evaluation** 

### **Continuing Education Information**

This training meets all of the requirements for Board-approved continuing education for the following professionals:

Psychologists: Moonstone Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Moonstone Center maintains responsibility for this program and its content.

LCSWs and MFTs: LCSWs & MFTs: Course meets the qualifications for 6 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences. CA BBS Provider Number: PCE 4079

# How to Register

To Register: Online: www.MoonstoneCenter.com/events Or Complete & mail Registration with your payment to: Moonstone Center – Events, 3424 W. Carson Street, Suite 580, Torrance, CA 90503

Date & Location: Saturday, October 27th 2012, at The Beach House in Hermosa Beach, CA

http://www.beach-house.com/hermosa-quick-facts.html

### **Refund Policy:**

Written requests for cancellations received by October 12, 2012: Receive a full refund less a \$25.00 handling fee. No refund for cancellations received after October 12th, 2012. Meals & Breaks: A continental breakfast will be served.

Parking Information: The Beach House Valet: \$19/day. Self-Park Garage next to The Beach House takes coins and debit/credit cards.

The Beach House Reservations: To spend the night at The Beach House, please contact Jessica Root: 310-372-3868 or jr@beach-house.com to reserve a room at the Moonstone

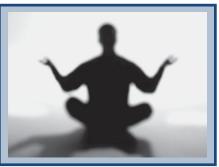
Attire: Dress Comfortably! You are at the beach! Some yoga scheduled. Bring your mat!

For Questions or Special Assistance: Please contact Julie Brown, Events Manager: 310-938-3203, ext 2# or Events@MoonstoneCenter.com.



# RESTORING the Healer:

**Exploring Somatic Transference** and Compassion Fatigue



with presenters:

# Elisabeth R. Crim, PhD

Licensed Psychologist Certified Relax

&

Renew Yoga Trainer

# Simone Marke't

Certified Yoga Therapist Certified Yoga Teacher/Teacher Trainer

A Boutique Continuing Education Experience

Saturday, October 27th 2012 The Beach House, Hermosa Beach, CA 6 CEU's for Psychologists, LCSWs, & MFTs



The Beach House, "nestled in sunny Hermosa Beach" in the heart of the South Bay!

### REGISTRATION

Saturday, October 27th, 8:15am to 4:45pm

**RESTORING THE HEALER: EXPLORING SOMATIC TRANSFERENCE AND COMPASSION FATIGUE** 

A Boutique CE Experience

To Register On-Line: Go to www.MoonstoneCenter.com. Click on Events link.

To mail registration, please complete below and mail with payment to address listed under "How to Register."

Name			
Address			
City	_State	Zip	
Telephone Number_			
Email Address			
Type of License			

## **SEMINAR REGISTRATION FEES**

Registration received by October12th: \$139 Registration received after October 12th: \$149

Method of Payment:

Signature:\_\_\_

Check (	Payable to Moonstone Center)
Visa	Mastercard - Amount charged:

Name on Card: Account Number:

Exp. Mo/Yr:\_\_

**Brochure Designed by • dcfcreative.com • info@dcfcreative.com**